

Clerk of Course: Sharon Marston

Coach: Chris Woodard

## 05/22/2010 Practice 2010

\*=-Converted, L=RelayLead Off

<b><u>GIRLS 6&amp;UN 25 FREE</u></b>			3 Alyssa Nowak :31.17 b 05/22/10	3 Julia Arriazola :49.60 b 05/22/10
CCSL RECORDS :14.45 c	4 Caroline Behr :31.90 b 05/22/10	<b><u>GIRLS 7-8 25 FLY</u></b>		
CHAMP 2010 :19.99 a	CCSL RECORDS :14.67 c			
ORCA RECORDS :20.75 d	ORCA RECORDS :19.29 d			
RESERVE 2010 :23.03 b	CHAMP 2010 :25.30 a			
<b><u>GIRLS 6&amp;UN 25 BACK</u></b>			RESERVE 2010 :31.86 b	
CCSL RECORDS :16.58 c	1 Erin Johnson :18.60 d 05/22/10	<b><u>GIRLS 9-10 100 I.M.</u></b>		
CHAMP 2010 :24.46 a	2 Grace Burgess :19.43 a 05/22/10	CCSL RECORDS 1:11.09 c		
ORCA RECORDS :24.48 d	3 Caroline Robins :29.17 b 05/22/10	ORCA RECORDS 1:11.09 d		
RESERVE 2010 :26.52 b	4 Caroline Behr :31.17 b 05/22/10	CHAMP 2010 1:37.69 a		
<b><u>GIRLS 6&amp;UN 25 BREAST</u></b>			RESERVE 2010 1:47.53 b	
CCSL RECORDS :18.66 c	1 Nicole Swingle 1:36.61 a 05/22/10			
ORCA RECORDS :26.62 d	2 Victoria Basich 1:39.57 b 05/22/10			
CHAMP 2010 :28.65 a	3 Julia Arriazola 1:41.01 b 05/22/10			
RESERVE 2010 :32.25 b	<b><u>GIRLS 11-12 50 FREE</u></b>			
<b><u>GIRLS 6&amp;UN 25 FLY</u></b>			CCSL RECORDS :25.32 c	
CCSL RECORDS :14.67 c	ORCA RECORDS :27.14 d			
CHAMP 2010 :25.30 a	CHAMP 2010 :33.19 a			
ORCA RECORDS :25.60 d	1 Nicole Swingle :38.47 b 05/22/10	RESERVE 2010 :36.98 b		
RESERVE 2010 :31.86 b	2 Victoria Basich :38.53 b 05/22/10	1 Olivia Fox :33.88 b 05/22/10		
<b><u>GIRLS 7-8 25 FREE</u></b>			2 Jessica Arnold :34.97 b 05/22/10	
CCSL RECORDS :14.45 c	3 Julia Arriazola :38.68 b 05/22/10	3 K.Spexarth :35.29 b 05/22/10		
ORCA RECORDS :15.66 d	4 Lucy Wang :39.45 b 05/22/10	4 Micaela Young :36.32 b 05/22/10		
CHAMP 2010 :19.99 a	<b><u>GIRLS 9-10 50 BACK</u></b>			
RESERVE 2010 :23.03 b	CCSL RECORDS :31.11 c			
1 Erin Johnson :16.67 a 05/22/10	ORCA RECORDS :33.98 d			
2 Grace Burgess :18.09 a 05/22/10	CHAMP 2010 :45.54 a			
3 Libby Saunders :20.79 b 05/22/10	1 Nicole Swingle :44.33 a 05/22/10	RESERVE 2010 :50.32 b		
<b><u>GIRLS 7-8 25 BACK</u></b>			2 Julia Arriazola :47.10 b 05/22/10	
CCSL RECORDS :16.58 c	3 Victoria Basich :48.38 b 05/22/10	<b><u>GIRLS 11-12 50 BACK</u></b>		
ORCA RECORDS :19.15 d	1 Maggie Drake :40.26 b 05/22/10			
CHAMP 2010 :24.46 a	2 K.Spexarth :43.14 b 05/22/10			
RESERVE 2010 :26.52 b	3 Micaela Young :43.37 b 05/22/10			
1 Erin Johnson :20.81 a 05/22/10	<b><u>GIRLS 11-12 50 BREAST</u></b>			
2 Grace Burgess :22.20 a 05/22/10	CCSL RECORDS :32.92 c			
<b><u>GIRLS 7-8 25 BREAST</u></b>			ORCA RECORDS :30.16 d	
CCSL RECORDS :18.66 c	CHAMP 2010 :39.69 a			
ORCA RECORDS :21.52 d	RESERVE 2010 :43.50 b			
CHAMP 2010 :28.65 a	1 Maggie Drake :40.26 b 05/22/10			
RESERVE 2010 :32.25 b	2 K.Spexarth :43.14 b 05/22/10			
1 Erin Johnson :20.81 a 05/22/10	3 Micaela Young :43.37 b 05/22/10			
2 Grace Burgess :22.20 a 05/22/10	<b><u>GIRLS 11-12 50 FLY</u></b>			
<b><u>GIRLS 7-8 25 FLY</u></b>			CCSL RECORDS :27.06 c	
CCSL RECORDS :18.66 c	ORCA RECORDS :29.75 d			
ORCA RECORDS :21.52 d	CHAMP 2010 :37.90 a			
CHAMP 2010 :28.65 a	RESERVE 2010 :45.33 b			
RESERVE 2010 :32.25 b	1 Maggie Drake :38.89 b 05/22/10			
1 Erin Johnson :22.89 a 05/22/10	2 K.Spexarth :40.42 b 05/22/10			
2 Grace Burgess :25.59 a 05/22/10	3 Micaela Young :41.99 b 05/22/10			

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<b><u>GIRLS 11-12 50 FLY</u></b>			2 Megan Todd	1:18.26	a	05/22/10	CCSL RECORDS	:13.65	c		
			<b><u>GIRLS 15-18 50 FREE</u></b>				CHAMP 2010	:19.41	a		
4 Jessica Arnold	:42.76	b	05/22/10	CCSL RECORDS	:24.87	c	ORCA RECORDS	:20.29	d		
<b><u>GIRLS 11-12 100 I.M.</u></b>				ORCA RECORDS	:25.60	d	RESERVE 2010	:22.17	b		
CCSL RECORDS	1:04.06	c		CHAMP 2010	:29.76	a	<b><u>BOYS 6&amp;UN 25 BACK</u></b>				
ORCA RECORDS	1:04.87	d		CCSL RECORDS	:54.15	c	CCSL RECORDS	:16.60	c		
CHAMP 2010	1:24.18	a		ORCA RECORDS	:56.49	d	ORCA RECORDS	:24.56	d		
RESERVE 2010	1:35.97	b		CHAMP 2010	1:06.14	a	CHAMP 2010	:25.53	a		
1 Maggie Drake	1:26.03	b	05/22/10	<b><u>GIRLS 15-18 200 FREE</u></b>			RESERVE 2010	:29.14	b		
2 Micaela Young	1:33.84	b	05/22/10				<b><u>BOYS 6&amp;UN 25 BREAST</u></b>				
3 Jessica Arnold	1:35.90	b	05/22/10	1 Alyssa Mullery	2:24.53	a	05/22/10	CCSL RECORDS	:17.49	c	
<b><u>GIRLS 13-14 50 FREE</u></b>				CCSL RECORDS	1:57.57	c		ORCA RECORDS	:27.27	d	
CCSL RECORDS	:25.40	c		ORCA RECORDS	1:59.70	d		CHAMP 2010	:28.14	a	
ORCA RECORDS	:26.29	d		CHAMP 2010	2:35.99	a		RESERVE 2010	:34.35	b	
CHAMP 2010	:30.99	a		<b><u>GIRLS 15-18 100 BACK</u></b>			<b><u>BOYS 6&amp;UN 25 FLY</u></b>				
1 Megan Todd	:29.07	a	05/22/10				1 Alyssa Mullery	1:09.85	a	05/22/10	
<b><u>GIRLS 13-14 100 FREE</u></b>				CCSL RECORDS	1:01.29	c		CHAMP 2010	:25.07	a	
CCSL RECORDS	:53.57	c		ORCA RECORDS	1:02.29	d		ORCA RECORDS	:25.55	d	
ORCA RECORDS	:55.56	d		CHAMP 2010	1:21.00	a		RESERVE 2010	:33.19	b	
CHAMP 2010	1:09.52	a		1 Alyssa Mullery	1:09.85	a	05/22/10	1 Ryan Johnson	:28.59	b	05/22/10
1 Olivia Todd	1:03.57	a	05/22/10	2 Frances Carter	1:12.66	a	05/22/10	<b><u>BOYS 7-8 25 FREE</u></b>			
<b><u>GIRLS 13-14 50 BACK</u></b>				3 Nicole Robinson	1:17.83	a	05/22/10	CCSL RECORDS	:13.65	c	
CCSL RECORDS	:28.75	c		4 Kaitlyn Glisan	1:18.15	a	05/22/10	ORCA RECORDS	:16.06	d	
ORCA RECORDS	:29.58	d		<b><u>GIRLS 15-18 100 BREAST</u></b>			CHAMP 2010	:19.41	a		
CHAMP 2010	:38.72	a		CCSL RECORDS	1:09.16	c		RESERVE 2010	:22.17	b	
1 Olivia Todd	:33.95	a	05/22/10	ORCA RECORDS	1:10.17	d		1 John Denson	:16.99	a	05/22/10
<b><u>GIRLS 13-14 50 BREAST</u></b>				CHAMP 2010	1:33.33	a		2 William Hartwell	:18.47	a	05/22/10
CCSL RECORDS	:32.67	c		<b><u>GIRLS 15-18 100 FLY</u></b>			3 Kyle Kerr	:19.29	a	05/22/10	
ORCA RECORDS	:32.67	d		CCSL RECORDS	:58.57	c		4 Jackson Spexarth	:19.33	a	05/22/10
CHAMP 2010	:41.61	a		ORCA RECORDS	1:00.69	d		5 Bryan Qian	:21.11	b	05/22/10
1 Megan Todd	:38.10	a	05/22/10	CHAMP 2010	1:20.62	a		<b><u>BOYS 7-8 25 BACK</u></b>			
2 Olivia Todd	:38.30	a	05/22/10	1 Frances Carter	1:09.01	a	05/22/10	CCSL RECORDS	:16.60	c	
<b><u>GIRLS 13-14 50 FLY</u></b>				2 Nicole Robinson	1:14.31	a	05/22/10	ORCA RECORDS	:20.33	d	
CCSL RECORDS	:27.43	c		3 Alyssa Mullery	1:19.81	a	05/22/10	CHAMP 2010	:25.53	a	
ORCA RECORDS	:28.36	d		<b><u>GIRLS 15-18 200 I.M.</u></b>			RESERVE 2010	:29.14	b		
CHAMP 2010	:35.43	a		CCSL RECORDS	2:10.07	c		1 John Denson	:19.83	d	05/22/10
1 Olivia Todd	:34.06	a	05/22/10	ORCA RECORDS	2:13.88	d		2 William Hartwell	:20.97	a	05/22/10
<b><u>GIRLS 13-14 100 I.M.</u></b>				CHAMP 2010	2:53.31	a		3 Tom Saunders	:26.53	b	05/22/10
CCSL RECORDS	1:03.09	c		1 Frances Carter	2:39.00	a	05/22/10	4 Andre Chau	:26.95	b	05/22/10
ORCA RECORDS	1:03.35	d		2 Nicole Robinson	2:39.83	a	05/22/10	5 Bryan Qian	:26.97	b	05/22/10
CHAMP 2010	1:20.48	a		3 Kaitlyn Glisan	2:52.23	a	05/22/10	6 Jackson Spexarth	:27.47	b	05/22/10
1 Olivia Todd	1:12.78	a	05/22/10	<b><u>BOYS 6&amp;UN 25 FREE</u></b>			7 Kyle Kerr	:27.99	b	05/22/10	
				CCSL RECORDS			8 Michael Cao	:28.77	b	05/22/10	
				<b><u>BOYS 7-8 25 BREAST</u></b>							

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CCSL RECORDS :17.49 c	<b><u>BOYS 9-10 50 BREAST</u></b>	<b><u>BOYS 11-12 50 BACK</u></b>
ORCA RECORDS :23.13 d	CCSL RECORDS :36.16 c	CCSL RECORDS :28.25 c
CHAMP 2010 :28.14 a	ORCA RECORDS :41.21 d	ORCA RECORDS :31.09 d
RESERVE 2010 :34.35 b	CHAMP 2010 :51.71 a	CHAMP 2010 :40.67 a
1 Kyle Kerr :24.91 a 05/22/10	RESERVE 2010 :58.55 b	RESERVE 2010 :48.51 b
2 John Denson :25.21 a 05/22/10	1 Maxwell Finch :44.55 a 05/22/10	1 Brian Chau :36.31 a 05/22/10
3 Scott Gafka :30.83 b 05/22/10	2 Muyan Pan :48.07 a 05/22/10	2 Sean Costello :36.43 a 05/22/10
4 Bryan Qian :32.74 b 05/22/10	3 Dylan Rudisill :52.97 b 05/22/10	3 Noah Rudisill :41.30 b 05/22/10
5 Dean Zhou :33.32 b 05/22/10	4 Tony Boe :53.39 b 05/22/10	4 H.Spexarth :46.13 b 05/22/10
6 Thomas Tao :34.28 b 05/22/10	5 Trevor Marston :54.65 b 05/22/10	5 A.Borremans :46.17 b 05/22/10
<b><u>BOYS 7-8 25 FLY</u></b>	6 Sean Kerr :56.56 b 05/22/10	<b><u>BOYS 11-12 50 BREAST</u></b>
CCSL RECORDS :15.34 c	<b><u>BOYS 9-10 50 FLY</u></b>	CCSL RECORDS :32.35 c
ORCA RECORDS :18.05 d	CCSL RECORDS :29.47 c	ORCA RECORDS :34.09 d
CHAMP 2010 :25.07 a	ORCA RECORDS :35.97 d	CHAMP 2010 :44.83 a
RESERVE 2010 :33.19 b	CHAMP 2010 :48.34 a	RESERVE 2010 :50.44 b
1 John Denson :19.23 a 05/22/10	RESERVE 2010 1:03.27 b	1 Brian Chau :39.34 a 05/22/10
2 William Hartwell :21.66 a 05/22/10	1 Maxwell Finch :38.19 a 05/22/10	2 Noah Rudisill :42.13 a 05/22/10
3 Jackson Spexarth :23.13 a 05/22/10	2 Muyan Pan :38.85 a 05/22/10	<b><u>BOYS 11-12 50 FLY</u></b>
4 Kyle Kerr :25.65 b 05/22/10	3 Dylan Rudisill :44.08 a 05/22/10	CCSL RECORDS :27.21 c
5 Dean Zhou :26.44 b 05/22/10	4 Tony Boe :47.52 a 05/22/10	ORCA RECORDS :28.11 d
6 Bryan Qian :29.29 b 05/22/10	5 Cameron Scott :50.99 b 05/22/10	CHAMP 2010 :40.09 a
7 Nick Nguyen :30.49 b 05/22/10	6 Trevor Marston :52.99 b 05/22/10	RESERVE 2010 :54.34 b
8 Thomas Tao :30.85 b 05/22/10	7 David Cao :55.24 b 05/22/10	1 Brian Chau :33.95 a 05/22/10
<b><u>BOYS 9-10 50 FREE</u></b>	8 Alan Chau :59.43 b 05/22/10	2 Noah Rudisill :34.90 a 05/22/10
CCSL RECORDS :27.71 c	9 Miles Morgan 1:00.57 b 05/22/10	3 Sean Costello :39.22 a 05/22/10
ORCA RECORDS :30.72 d	10 Aaron Ehmry 1:02.43 b 05/22/10	4 A.Borremans :45.50 b 05/22/10
CHAMP 2010 :37.00 a	<b><u>BOYS 9-10 100 I.M.</u></b>	5 H.Spexarth :48.62 b 05/22/10
RESERVE 2010 :42.47 b	CCSL RECORDS 1:08.09 c	<b><u>BOYS 11-12 100 I.M.</u></b>
1 Maxwell Finch :32.40 a 05/22/10	ORCA RECORDS 1:18.59 d	CCSL RECORDS 1:01.91 c
2 Muyan Pan :35.39 a 05/22/10	CHAMP 2010 1:39.79 a	ORCA RECORDS 1:05.69 d
3 Dylan Rudisill :36.65 a 05/22/10	RESERVE 2010 1:57.78 b	CHAMP 2010 1:24.72 a
4 Tony Boe :38.49 b 05/22/10	1 Maxwell Finch 1:19.54 a 05/22/10	RESERVE 2010 1:45.19 b
5 David Cao :39.78 b 05/22/10	2 Dylan Rudisill 1:31.98 a 05/22/10	1 Brian Chau 1:18.03 a 05/22/10
6 Trevor Marston :40.33 b 05/22/10	3 Muyan Pan 1:34.47 a 05/22/10	2 Sean Costello 1:22.12 a 05/22/10
7 Cameron Scott :41.90 b 05/22/10	4 Tony Boe 1:38.81 a 05/22/10	3 Noah Rudisill 1:25.19 b 05/22/10
<b><u>BOYS 9-10 50 BACK</u></b>	5 Trevor Marston 1:45.59 b 05/22/10	4 A.Borremans 1:29.91 b 05/22/10
CCSL RECORDS :32.10 c	6 Cameron Scott 1:51.04 b 05/22/10	5 Daniel Leblanc 1:34.39 b 05/22/10
ORCA RECORDS :36.40 d	<b><u>BOYS 11-12 50 FREE</u></b>	6 H.Spexarth 1:42.32 b 05/22/10
CHAMP 2010 :48.42 a	CCSL RECORDS :25.33 c	<b><u>BOYS 13-14 50 FREE</u></b>
RESERVE 2010 :52.99 b	ORCA RECORDS :26.22 d	CCSL RECORDS :23.34 c
1 Maxwell Finch :37.03 a 05/22/10	CHAMP 2010 :31.89 a	ORCA RECORDS :24.73 d
2 Muyan Pan :43.11 a 05/22/10	RESERVE 2010 :36.90 b	CHAMP 2010 :28.44 a
3 Dylan Rudisill :44.64 a 05/22/10	1 Brian Chau :31.00 a 05/22/10	<b><u>BOYS 13-14 100 FREE</u></b>
4 Cameron Scott :50.41 b 05/22/10	2 Sean Costello :32.19 b 05/22/10	
5 Trevor Marston :50.99 b 05/22/10	3 A.Borremans :32.29 b 05/22/10	
6 Miles Morgan :52.27 b 05/22/10	4 Noah Rudisill :33.12 b 05/22/10	

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**BOYS 13-14 100 FREE**

CCSL RECORDS :50.82 c  
 ORCA RECORDS :53.89 d  
 CHAMP 2010 1:05.62 a

**BOYS 13-14 50 BACK**

CCSL RECORDS :26.53 c  
 ORCA RECORDS :28.73 d  
 CHAMP 2010 :35.16 a

**BOYS 13-14 50 BREAST**

CCSL RECORDS :29.97 c  
 ORCA RECORDS :31.78 d  
 CHAMP 2010 :38.77 a  
 1 Avery Witt :37.68 a 05/22/10

**BOYS 13-14 50 FLY**

CCSL RECORDS :25.12 c  
 ORCA RECORDS :27.59 d  
 CHAMP 2010 :32.78 a

**BOYS 13-14 100 I.M.**

CCSL RECORDS :57.11 c  
 ORCA RECORDS 1:02.00 d  
 CHAMP 2010 1:14.51 a

**BOYS 15-18 50 FREE**

CCSL RECORDS :21.75 c  
 ORCA RECORDS :22.94 d  
 CHAMP 2010 :25.46 a  
 1 Peter MacArthur :24.21 a 05/22/10

**BOYS 15-18 100 FREE**

CCSL RECORDS :47.68 c  
 ORCA RECORDS :51.90 d  
 CHAMP 2010 :57.08 a

**BOYS 15-18 200 FREE**

CCSL RECORDS 1:44.54 c  
 ORCA RECORDS 1:51.40 d  
 CHAMP 2010 2:13.70 a

**BOYS 15-18 100 BACK**

CCSL RECORDS :53.21 c  
 ORCA RECORDS :57.19 d  
 CHAMP 2010 1:10.44 a

**BOYS 15-18 100 BREAST**

CCSL RECORDS :59.97 c  
 ORCA RECORDS 1:05.59 d  
 CHAMP 2010 1:16.13 a

**BOYS 15-18 100 FLY**

CCSL RECORDS :52.19 c  
 ORCA RECORDS :53.66 d  
 CHAMP 2010 1:08.11 a  
 1 Peter MacArthur 1:03.88 a 05/22/10  
 2 Peter Abraham 1:06.10 a 05/22/10

**BOYS 15-18 200 I.M.**

CCSL RECORDS 1:55.37 c  
 ORCA RECORDS 2:10.01 d  
 CHAMP 2010 2:31.08 a