

PineBrookWood ORCAS

Whale Tales

Volume 15 Issue 2

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Inside this issue:

Page 1
Message from the President
Meet Results (score)

Page 2
Coaches Corner
Pearland Meet Info
tXtBlaster information
Meet Results (times)

Page 3
Volunteer Information
Mid-Season Party Info.
Note from the Clerk

Meet Results

PineBrookWood

472

to

Baytown

269

Way to Go

ORCAS!



From the President

Dear Orca Swimmers and Parents:

Thanks for everyone for a very successful first meet of the season! Our team beat the Baytown Buccaneers by a score of 472 to 269. Way to go swimmers! I want to thank all of our volunteers, too. You did a great job this week of checking in with Jill Johnson, volunteer coordinator, and working all of your shifts. Please keep up the good communication!

We host the Pearland Pirates this Saturday. The Pirates won the 2009 Champ meet, and are the back-to-back champions of CCSL Division II (they moved into Division I this year, and we moved into their spot in Division II). This is an inter-division meet, so while this score won't count towards the division championship, it would be gratifying to beat them. The competition will give our swimmers a great opportunity to improve their times, too. Since the Pirates are bigger than Baytown, our meet will run longer than this past Saturday. Please remember to check-in at 6:30 am, both swimmers and volunteers.

We have our mid-season party coming up next week. It is scheduled for 7 pm to 10 pm on Thursday, June 17 at our own Pine Brook pool. The party will have unlimited pizza, drinks, and fun as Coach Chris organizes our own wacky relays. To help cover a portion of the costs, we ask for a small donation of \$2 per person at the door. There is no need to RSVP, and we hope everyone can make it! The party was a lot of fun for everyone last year.

Also, check out the tXtBlaster article, the easiest way to get breaking information delivered straight to your cell phone, and follow us on Twitter (@pbworcas). Our twitter live feed can be viewed from the front page of our website.

Lastly, remember to let Coach Chris, (headcoach@pinebrookwoodorcas.org) and Jill Johnson, volunteer coordinator, (volunteers@pinebrookwoodorcas.org) know if you will be missing all or part of the next meet.

Thank-you, and Go Orcas!

Debbie Rudisill

HOME MEET THIS SATURDAY JUNE 12th

CHECK-IN IS 6:30 A.M.

Coaches Corner by Coach Bo

To start, I would like to say thank you to all the parents who volunteered at the meet to help it run so smoothly. We had a very successful first meet with a score of 472 for the Orcas and 269 for Baytown. Although we did an outstanding job, there are still a few things that we all need to work on. Our DQ's were still higher than we were wanting, with one hand touches on butterfly and breaststroke being near the top. We are shooting for zero DQ's from one hand touches next meet versus Pearland. It is going to be a hard meet, so we are going to need everyone to be focused this week.

Many did a great job at showing team spirit. This week our team spirit awards go to Grace Burgess and Nathan Stegman, who both did an outstanding job in supporting the Orcas. Team spirit is very important to all swimmers. It will give them the necessary adrenaline needed to excel in their events. Keep up the cheering.

Nutrition on race day is very important as well. Since races usually come down to tenths of a second, parents need to ensure that their child is eating correctly. Eating a bag of candy, although it is a great post-meet reward, can be detrimental to their next swim. Also, swimmers should never stuff their face between events. This will only make them feel sluggish in the water. Since the heat is almost unbearable, make sure you have a drink with you at all times.

Let's make sure that we start thinking about getting our champ times now so we don't have to worry when it gets close to the end of the season. Remember if you work hard and do your best, anything is possible.

Go Orcas!



PineBrookWood vs. Pearland

The meet with Pearland on Saturday, June 12, starts at 8:00am. Check-in is at 6:30 am at our home Pine Brook pool. PLEASE BE ON TIME! It is extremely important, if you are leaving early, that you tell us at the Clerk Table before the meet AND come by to check out before leaving. I know your family may still have other activities still ongoing and you may have to leave early. PLEASE CHECK OUT BEFORE YOU GO!!!!

Want to Receive Important, Emergency Information in a Timely Manner?

Problem: Due to bad weather, we had to cancel practice one day last week. If you don't follow us on twitter (@pbworcas), you may have missed that important information and gone to the pool. If you are interested in getting up-to-the minute emergency information such as practice location changes or cancellations due to weather, there is a way to receive text messages directly to your cell phone.

Solution: tXtBlaster is a text messaging program that will send out short, useful text messages directly to your cell phone. Standard messaging rates will apply. This feature will only be used for critical information to hopefully save you and your family time.

How to Sign Up: text 'pbworcas' to BLAST (25278) from the cell phone you want the text messages sent to. You can sign up more than one phone.

This is a very controlled program, and your cell phone number will not be shared with anyone. We are continually striving to improve our communication to make summer swim team a fun experience for everyone.

PineBrookWood vs. Baytown

Meet Results

101 Champ Times

88 Reserve Times

1 Orca Record



Volunteer Information from Jill Johnson

Hi Everyone!

I just wanted to send out a huge **THANK YOU** for all the help at Saturday's meet. I think this went very well for our first real swim meet. I definitely feel like we will be even more prepared for our meet against Pearland. They are a huge team, and it will take a lot of us to run this meet smoothly. I know we can do it!

I was pleasantly surprised at how the transition went from the first shift to the second. Everyone got in their positions and jumped right in without delay. There were only a few I had to hunt down...Ha, Ha!

I don't mind the kids (both big and small) helping out where it applies, however the only circumstance is that they are not allowed to handle the money in either con-



session area. If there are any special circumstances I need to know about, please send them to ASAP. I already have the schedule made out for the next meet based on the information I have. I will have it out to you most likely on Thursday.

I sincerely appreciate all of your efforts and hard work. That's what makes us a great team!

Go Orcas!

Come to the Mid-Season Party!

Pizza, drinks & wacky relays

At the Pine Brook pool

Thursday, June 17

7 - 10 pm



A Note from the Clerk

Sharon Marston

Wow! Our regular season is off to a great start with a win over Baytown, 101 Champ times, 88 Reserve times, and 1 Orca record tied. Congratulations to John Denson for tying the 8&Under Boys 25 Yard Backstroke record of 00:20.33. The new blocks are really paying off for our swimmers, and I know the board members are all enjoying watching our swimmers benefit from several years of strategizing to achieve this goal for the team. I certainly am. Let's look forward to more Champ and Reserve times being achieved at the next meet.

If you haven't notified Coach Chris this weekend of your status for the meet with Pearland next Saturday, please do so immediately. Those of you who attended the parent meeting know he really wants to beat the defending League Champs next Saturday. Knowing who is and isn't coming will help him place swimmers to challenge

them and contribute to the team score. There's just a little rivalry there!

As I have mentioned before, scratches are always of interest to clerks, because scratches ALWAYS make a clerk's job harder. This week, the girls won with only 4 scratches to the boys 8. 12 scratches is getting close to the record of 10 last season. Lets try to



beat that record next weekend and make your clerk extremely happy! Boys, you need to work harder this week!

This week we also had many more families check out with the Clerks. THANK YOU!!!! You helped the meet run more smoothly. For those who didn't check out, PLEASE, PLEASE, PLEASE make sure you do at ALL future meets. Knowing who is leaving helps us when we are trying to fill a spot on the late relays due to a swimmer scratching. That late in the meet, we appreciate all the information we can get.